



Core Concepts in Working with People from Refugee Backgrounds

Workshop outline

This one-day introductory workshop is designed to put a framework of understanding around working with people from refugee and asylum seeker backgrounds. It focuses on understanding the link between what refugees have been through, the impact of torture and other traumatic events, the stressors of detention, resettlement and cultural transition. It explores how to work in a trauma informed and culturally competent way that promotes recovery and fosters feelings of trust, safety and control, while minimising the risk of retraumatisation. Participants will be encouraged to think about how to apply the concepts to their own workplace, and will leave the workshop feeling more confident in utilising their skills and experience with people from refugee and asylum seeker backgrounds.

For further information

Telephone 8206 8900

Email training@sttars.org.au

To Register: [Eventbrite - Core Concepts](#)

Program

- The refugee experience
- Impact of torture and other traumatic events
- The stressors of resettlement and cultural transition
- The stressors of seeking asylum in Australia
- Cultural competence
- Working within a recovery framework
- Vicarious trauma and self-care

Wednesday 27th February 2019

Cost: \$90, concession/member \$60

Venue: 81 Angas St, Adelaide

Morning and afternoon tea provided.
BYO lunch, kitchen facilities available and shops nearby.



Terms and conditions - Workshops have a limited number of participants. Registrations close 24 hours before the event. A receipt will be mailed to you once payment has been received. Registrations may be cancelled up to 7 working days prior to the day of the event with a full refund. Cancellations giving less than 7 working days notice will incur a 30% cancellation fee to cover administration costs. If a minimum number of participants is not reached, a workshop may be cancelled.